



# second step Lesson Follow-Ups for Families

## WHAT?

*Second Step* Lesson Follow-Ups are fun, engaging activities you can do with your middle school child and other members of your family. They include Family Projects, Table Talk, and Screen Time activities.

## WHY?

These activities are designed to give your middle school child another chance to use new skills learned in *Second Step* lessons. They are also a way for you get to know more about what your middle school child is learning with the *Second Step* program. They're also a great way to spend some fun time together as a family.

## WHO?

You can do these activities with your middle school child, and other family members can join as well.

## WHERE?

Most of these activities can be done at home around the dinner table or in front of the TV screen.



## Lesson 2, Language Arts and Social Studies

**Screen Time:** Could You Work in an Environment Like This?

**What you'll need:** computer

1. Go online with your child to find people who made a big difference by standing up for what is right. Visit the [Giraffe Heroes Project website \(giraffe.org\)](http://giraffe.org) for examples of ordinary people who have stuck their necks out for the common good.
2. Discuss what makes people willing to take these kinds of risks and what kind of rewards they might find.
3. Ask if there's anything your child strongly believes in, and what he or she might do to support this cause. Talk about ways you could help.



## Lesson 2, Media Literacy

**Table Talk:** How Can Major Media Corporations Be Positive Leaders?

**What you'll need:** focused time to talk (such as at the dinner table, on a car ride, or at bedtime)

Five corporations control over 90 percent of the media in the United States.

With your child, discuss the following questions about these corporations:

**What are their leadership responsibilities? Why is it so important that these corporations show positive leadership? Do you think these corporations are showing positive leadership? What can they do to inspire consumers?**